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MEDICINE

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DELAWARE ACADEMY of MEDICINE

*...to enhance the well-being of the community through
education and the promotion of public health*

Year in Review 2013





Two years have passed all too quickly, and it has been an honor to serve as the President of the Academy of Medicine.

As we have continued our mission of education and the promotion of public health, we have maintained our focus on interdisciplinary education bringing physicians, nurses, and other healthcare providers together at educational events. Our own 2013 Katherine L. Esterly, M.D. Childhood Development Conference, honoring our esteemed former board member and friend, is such a conference, and is joined in 2014 by the inaugural Delaware Military Medicine Symposium. Other educational activities employing this model included the 2013 Trauma Informed Care Conference, and the spring 2014 inaugural Focus On Hypertension symposium.

During the past year we have been honored to support several other conferences including the Communicable Diseases Symposium, Physicians Forum on Healthcare Reform Initiatives, Transitions of Care Conference, 12th Annual Stroke Education Conference, and the Saint Francis Healthcare “Healthy Women: Mind, Body, and Spirit.”

Initiatives that saw their revitalization and maturation during my presidency included the Delaware Medical Orders for Scope of Treatment project and the Medical-Legal Partnership initiative. I will continue active involvement in these two initiatives which have broad ranging implications for how patients are treated at the end of life, and how medicine and law can profoundly improve the health of individuals and populations.

It has been the experience of a lifetime. Please remember that your involvement as physicians, nurses, allied healthcare and public health professionals, is essential to the success of the Delaware Academy of Medicine.

— Kathleen W. McNicholas, M.D., J.D., *President*

We continue to build ties with state institutions; such as the Department of Health & Social Services and the Division of Public Health, Division of Aging, and Office of Early Learning; and statewide alliances, such as the Delaware Health Sciences Alliance and Delaware Public Health Institute.

At the November 2013 APHA national conference the Delaware Academy of Medicine was granted American Public Health Association affiliate status. The new Delaware Public Health Association will allow us to work more effectively in the spheres of public health and population health, and engage with hospitals, health systems, and state entities for education and programs.

The year 2013 also marked the fifth year of financial stability and growth of the Delaware Academy of Medicine. I credit and thank a dedicated staff, visionary board of directors, outstanding Investment Advisory Committee, and the numerous partnerships that empower us to accomplish more together than we could by ourselves.



As you will read on the following pages, programmatic growth and diversity have been standards of achievement for the past year. From the seventh year of Delaware Mini Medical School and third year of the Global Health Series (both offered with Christiana Care Health System), to several new educational conferences, we work to develop a curriculum that addresses the needs of the present, and stands the test of time.

— Timothy E. Gibbs, M.P.H., *Executive Director*

...affect

...reach

...influence

...touch

...IMPACT



Delaware Mini Medical School

With medicine advancing at a rapid rate, concern for maintaining good health and receiving the best treatment possible is on the rise. Delaware Mini Medical School, jointly sponsored with Christiana Care Health System, continues its practice of educating the public by sharing the expertise of local professionals in medicine and health. In 2013, the free six-week lecture series presented information on the following topics: Trauma, Newborn Screening, Lung Cancer, Celiac Disease, Cancer Genetics and Neurology (Highlighting Multiple Sclerosis).



Now in its seventh year, Delaware Mini Medical School welcomes members of the community from high school students to adults of all ages. Each two-hour session is set up in a lecture format that allows for question and answer time from the participants and provides the public with in-depth information on important issues and advances in medicine and research.



In 2013, each lecture attracted between 100 and 150 registrants. While some wanted to improve their understanding of the human body, others took advantage of learning new ways to take charge of their own health, and still others were interested in hearing how medical advances have changed our understanding of disease and health.

While the lecture series improves the public's understanding of medicine, another important goal is to provide middle and high school students the chance to learn about medicine and health as possible career options. Delaware Mini Medical School is offered in New Castle County.

2013 Northern Delaware Mini Med Lecture Series

- Trauma Systems and Trauma Centers
- Newborn Screening - Identifying Serious Disabilities in Infants
- Lung Cancer: Screening, Diagnosis and Surgical Management
- Celiac Disease - Growing Against the Grain
- How We Wear Our Genes - Latest Research Discoveries in Cancer Genetics
- Neurology and the Nervous System Highlighting Multiple Sclerosis -- Its Causes and Treatments

Gail P. Gill Consumer Health Library

Physicians and healthcare providers go to the Lewis B. Flinn Medical Library for their advanced reference and research needs, and patients and their families, as well as Christiana Care Health System staff have the Gail B. Gill Consumer Health Library available to address their unique information needs and reference questions.



Named after long time Delaware Academy of Medicine Head Librarian, Gail P. Gill, the Gill Consumer Health Library, located at Christiana Hospital in the John. H. Ammon Medical Education Center, offers books, periodicals, health newsletters, CD and DVD multimedia, and health topic pathfinders.

Operated jointly between Christiana Care Health System and the Delaware Academy of Medicine, the Gill Consumer Health Library is one of three consumer health library locations in Delaware. The others are the Junior Board Cancer Resource Library, and the library at Wilmington Hospital.

The Power of Partnership

We count many agencies and institutions as our partners in programming and education - with special acknowledgment to those listed below:





The Delaware Academy of Medicine was founded by fifteen doctors and a dentist in 1930. Their goal was to provide a professional library and a meeting place where doctors and dentists from all over the state could gather to exchange ideas and experiences and so improve the quality and delivery of medical care. They also intended the Academy to be a historical repository for the Delaware medical community, documenting and memorializing the lives of its members.

Dr. Lewis B. Flinn served as the Academy's first president, occupying the office for twelve years. Many years later, in 1984, the Academy's library was renamed in his honor.

The Academy was originally housed in the former Bank of Delaware building, which was built in 1815 on Sixth and Market Streets in Wilmington. After the bank vacated the building in 1931, Mrs. Henry B. Thompson and Mrs. Ernest I. duPont led a fund-raising drive to purchase the structure for the newly founded Academy.

With their help and support, the building was relocated to a site on Lovering Avenue. The Academy took up residence there in 1932.

In 1958, an addition was constructed, expanding the auditorium and creating more office space for the various medical groups that had their offices in the building.

In the fall of 2006, the Academy moved to the John H. Ammon Medical Education Center at the Stanton Campus of the Christiana Care Health System. This move was the result of a strategic alliance set in motion in the late 1990s between the Boards of Christiana Care Health System and the Delaware Academy of Medicine.

The Academy provides a broad range of services to the First State, including:

- Financial aid to medical students totaling \$2.0 million to date
- Lectures and seminars to educate the public on important health topics
- Continuing professional medical education
- History and archives of medicine, dentistry, and nursing in Delaware

DPHA

DELAWARE PUBLIC HEALTH ASSOCIATION

Last November, at the national meeting of the American Public Health Association, the work of the previous 6 years culminated in our designation as the Delaware Public Health Association by the APHA. In Delaware, we are now the sole membership, educational, and advocacy group which represents the APHA, and in turn represents our state on a national level. We are honored by this designation, and committed to the principles articulated by our national organization.

Our commitment with the new Delaware Public Health Association is to replicate, on a local level, the national model of APHA. We seek to develop the new Delaware Public Health Association as a collaborative membership organization that brings sectors, institutions, and people together around the common causes of health equity, research, and implementation for all Delawareans.

Student Financial Aid

The Delaware Academy of Medicine approved \$56,256 in loans for 12 Delaware students studying medicine and dentistry in 2013.

The Academy's Student Financial Aid program was established in 1961 to help encourage Delaware students to study medicine and dentistry. To date over 300 students have received close to \$2 million in loans.

The program is self sustaining in that the loans are given based on the amount of money collected annually from the students after they graduate. Most medical/dental students come out of school with more than \$175,000 in debt. To relieve some of the debt burden, repayment doesn't begin until after the students graduate.

Any student interested in applying for a loan can submit applications to the Academy by May 15th of each year. To be eligible, students must be Delaware residents currently studying medicine or dentistry at an accredited graduate school.

Funds are made available through endowments established by doctors, dentists, and other benefactors. The Delaware Academy of Medicine has six separate funds specifically for the purpose of issuing student loans.

Global Health

Why should global health matter to those who live in Delaware? Why should we be concerned about the health of people in other countries? First, consider that disease knows no boundaries. A person with tuberculosis can infect people wherever they are. The West Nile Virus originated in the Mediterranean but is well established in North America. Diseases thought to be eradicated, like Leprosy, continue to thrive and spread over borders. The health of each of us depends on the health of others. Second, an ethical consideration exists concerning the health of other people. There are children in poor countries who get sick and die from diseases that are preventable and curable. Adults in these countries also have little or no access to medical care which is available in richer countries. The question becomes whether we are willing to just accept this without taking action.



The Global Health Series, through our support of the CCHS Global Health Curriculum, is an outstanding program which provides the medical community with innovative topics that touch upon healthcare issues happening elsewhere in the world. The Residency Council is responsible for the following outstanding curriculum provided in 2013.

- Movie Night: "First, Do No Harm"
- Skills Workshop
- Protecting Children with HIV from vaccine preventable disease perspectives from India
- The Impact of HIV and its High-Risk Populations in Nepal
- Medical Mission to Nigeria
- Military Medicine - World Class Healthcare
- Residents in Action: Experiences in the Dominican Republic and Haiti
- Adventures in Global Health and Endangered Alphabets
- Universal Healthcare: Reflections on a stroll through the United Kingdom National Health Service
- The Bermuda Paradox -Traffic Accidents and Metabolic Syndrome in a wealthy country
- Refugee Camp and other experiences in South Sudan, Sierra Leone, and Guyana
- Leprosy - the Forgotten Disease
- International Health Promotion and Education

Event Sponsorship, Planning, and Promotion Activities

Each year, the Academy of Medicine supports a number of specialty conferences for educational, medical, and dental communities with support ranging from funding, to logistics and promotion, to full conference coordination. Hundreds of doctors, nurses, physician's assistants, therapists, residents, and medical students attend these events for professional development, continuing education, and networking. All conferences are done in collaboration with other academies and institutions, as noted in the list below.

Conferences in 2013 included a variety of ongoing events, conducted in partnership with Christiana Care Health System, Delaware Nurses Association, Delaware Academy of Family Physicians, St. Francis Health System, Delaware Stroke Initiative, Delaware Chapter, American Academy of Pediatrics, American Society of Hypertension Delaware Valley, State of Delaware Offices of Early Learning, and the Gift of Life Foundation.

- Christiana Care Health System: Sports Medicine Grand Rounds
- 2013 Delaware Academy of Family Physicians: Sports Medicine Symposium
- 2013 Delaware Academy of Family Physicians: Annual Scientific Assembly
- Katherine L. Esterly, MD Childhood Development Conference
- Trauma Informed Care - From Adversity to Resilience
- Your Care, Your Choice: Liberty at the End of Life - Delaware Medical Orders for Scope of Treatment Conference
- St. Francis Health System Conference: Healthy Woman: Mind, Body, and Spirit
- American Society of Hypertension Delaware Valley: Hypertension Highlights
- Physicians Forum on Healthcare Reform Initiatives
- 2013 Health Summit: Communicable Diseases Symposium
- 2013 Delaware Stroke Initiative
- 10th Annual 21st Century Visions of Nursing Conference
- Transitions of Care Conference
- Gift of Life: Perspectives on Best Practice: Advocating for Organ and Tissue Donation at the Bedside and Beyond
- Christiana Care Health System: Ethics After Work Series
- 28th Annual Delaware Academy of Family Physicians Geriatric Medicine Symposium